



# Eagle Express

SCHOOL WEEKLY NEWSLETTER

Phone: 413-423-3326

<http://www.erving.com>

SPRING EDITION

ERVING, MA

APRIL 28, 2023



Monday, May 1  
PIEE Virtual Meeting  
7:00 pm

Wednesday, May 3  
Joint Meeting of the Select  
Board, School Committee,  
and Finance Committee  
7:00 pm Gym

Friday, May 5  
Bingo for Books  
5:30 pm – 7:00 pm

Wednesday, May 10  
Erving Town Meeting

Thursday, May 11  
All School Sing  
2:30 Gym

Friday, May 26  
Curriculum Day  
**No School for Students**

Monday, May 29  
Memorial Day  
**NO SCHOOL**



## MATH

Monday & Thursday, May 1 & 4 – Grade 6  
Tuesday & Friday, May 2 & 5 – Grades 5  
Monday & Thursday, May 8 & 11 – Grade 4  
Tuesday & Friday, May 9 & 12 – Grades 3  
MAKEUP

Monday, May 15 – Friday, May 19

## STE (Grade 5 only)

Monday, May 15 & Thursday, May 18  
MAKEUP

Monday, May 22– Friday, May 26

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## PLAYGROUND POLICY

Please remember that After School is still in effect until 5:00 pm, and now that the weather is nicer, students are outside. For everyone's safety, please plan your playground visits for AFTER 5:00 pm on school days, to give the After School students access to the playground equipment.

FROM THE  
*Principal*



Dear Friends and Families of Erving Elementary School,

I sincerely hope everyone had a wonderful vacation. Although I mostly rested at home, I was still able to take my family on a short trip. There are still 8 weeks until the last day of school on Monday, June 26. There will be a lot going on at the school over the next two months, so please keep an eye out for updates in our weekly newsletter.

Mark May 5th on your calendar and join us from 5:30 to 7:00 p.m. for Bingo for Books. There will be a large selection of books available for prizes, as well as pizza and snacks for purchase.

Have a wonderful weekend!

Best,  
Lisa



April 2023

This month, the Preschool classrooms have been focusing on two important topics: Earth Day and Life Cycles.



Earth Day:

We celebrated Earth Day on April 22nd by learning about the importance of taking care of our planet. We talked about how we can reduce, reuse, and recycle to help protect the Earth. We also learned about conserving energy and water, and discussed ways we can be more eco-friendly in our daily lives. We even visit our outdoor classroom to observe and appreciate the beauty of nature!

Life Cycles:

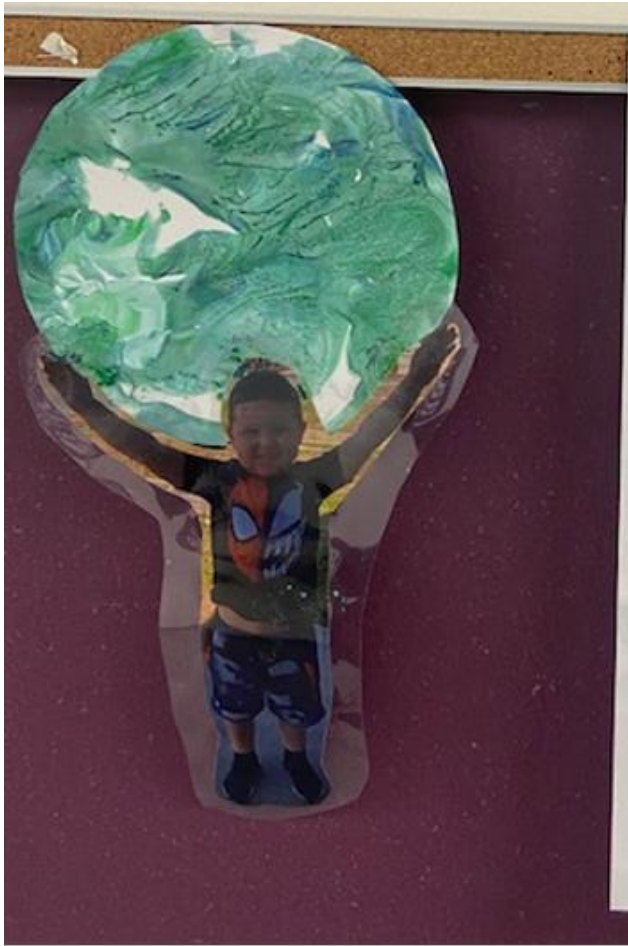
In our science lessons, we explored the fascinating concept of life cycles. We learned about how plants and animals go through different stages of growth and change. We discussed the life cycles of butterflies, frogs, and plants. We had hands-on activities, such as observing and documenting the growth of plants from seeds to sprouts, and learning about the stages of a butterfly's life from egg to adult. We also had discussions about how animals and plants are interconnected in the ecosystem.

To reinforce these concepts, we encourage you to continue discussions and activities at home. Here are some ideas:

1. Take a nature walk: Visit a park or go for a nature walk in your neighborhood. Encourage your child to observe and appreciate the beauty of nature, such as flowers, trees, and animals. Discuss how we can take care of nature by not littering and being mindful of our environment.
2. Practice recycling: Set up a recycling station at home with labeled bins for different types of recyclables, such as paper, plastic, and glass. Involve your child in sorting and recycling items, and explain why recycling is important for protecting our Earth.
3. Plant a seed: Plant seeds in a pot or your backyard and observe the growth of plants together with your child. Discuss the different stages of plant growth, from seed to seedling to mature plant, and talk about the importance of plants in providing oxygen and food for us and for other animals.
4. Read books about life cycles: There are many age-appropriate books available that explain life cycles in simple and engaging ways. Read books about butterflies, frogs, and plants, and have discussions with your child about the different stages of life cycles.

We hope these suggestions will help you continue the learning at home and deepen your child's understanding of Earth Day and life cycles. Thank you for your continued support in fostering a love for learning and appreciation for our planet in our preschoolers!

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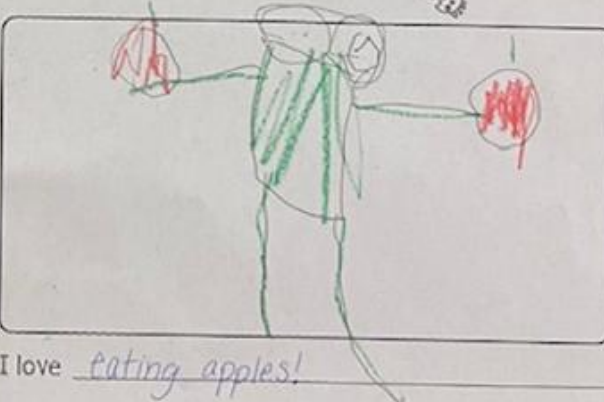



**myBIGworld** My name DBA YED  
fine-motor skills

### I Love Our Earth

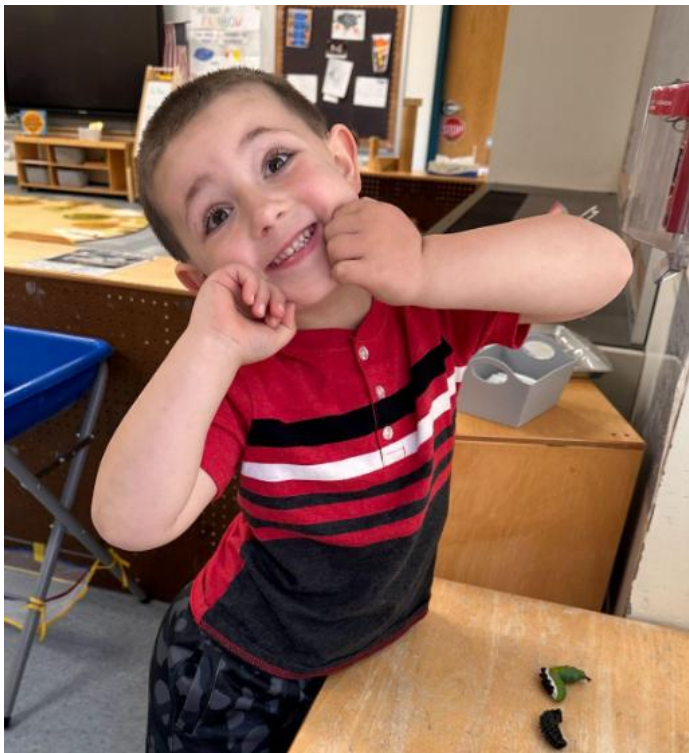
Listen to the poem. Then draw what you love most about our Earth.  
Have a grownup help you finish the sentence at the bottom.

I love our Earth,  
things big and small.  
And here's what I love  
most of all!



I love eating apples!

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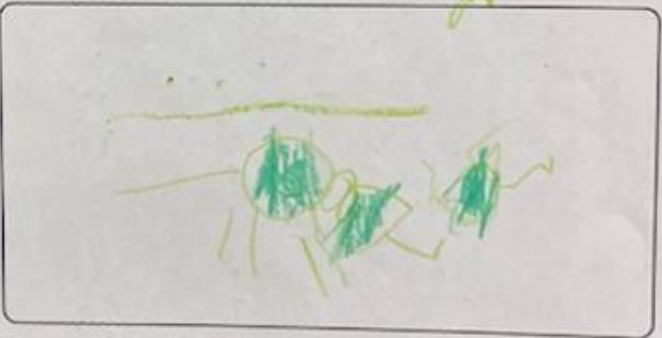


**My BIG World** fine-motor skills My name Malcolm

### I Love Our Earth

Listen to the poem. Then draw what you love most about our Earth.  
Have a grownup help you finish the sentence at the bottom.

I love our Earth,  
things big and small.  
And here's what I love  
most of all!



I love to learn about bugs and animals!

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**My BIG World** fine-motor skills My name GRACIE

### I Love Our Earth

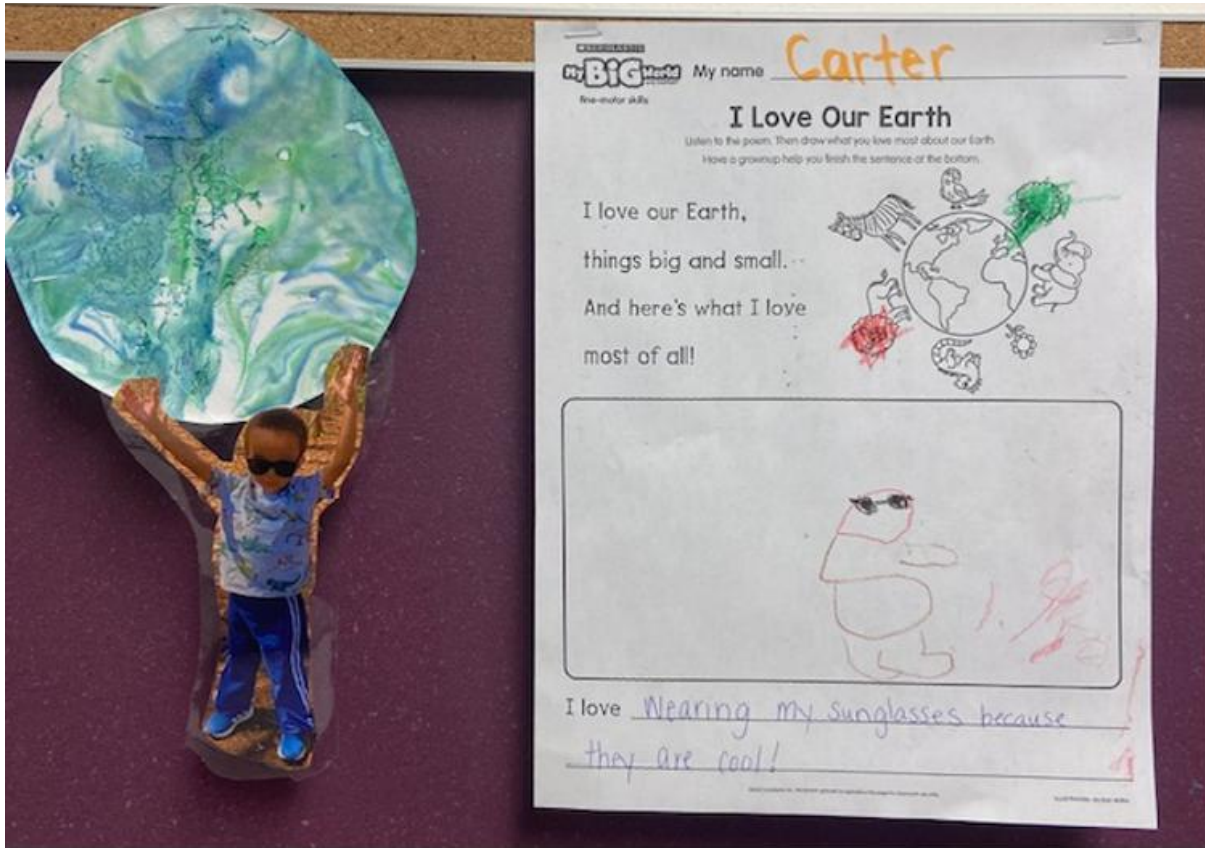
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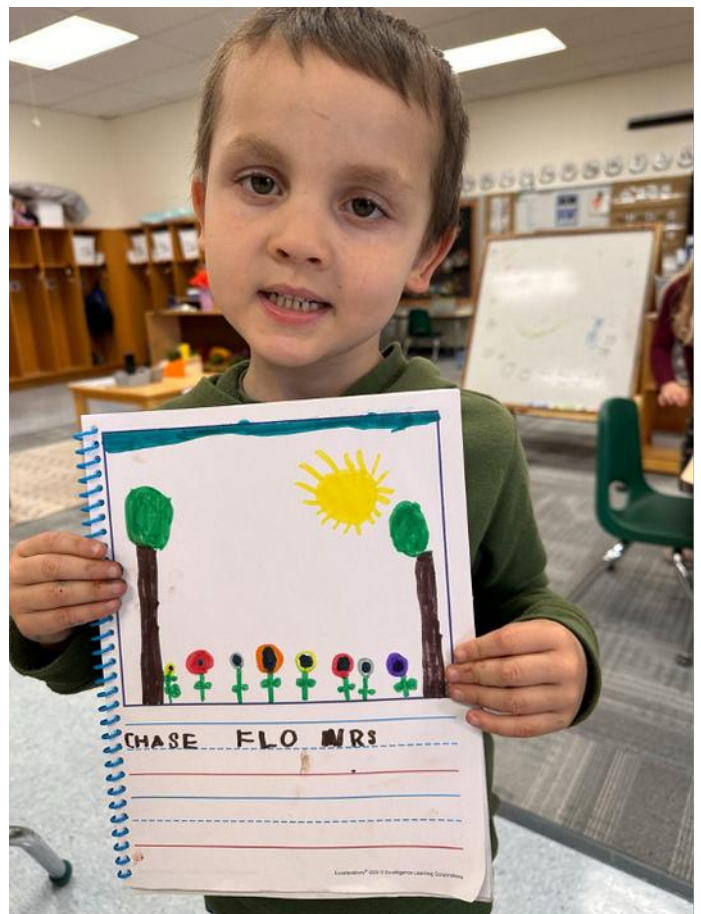
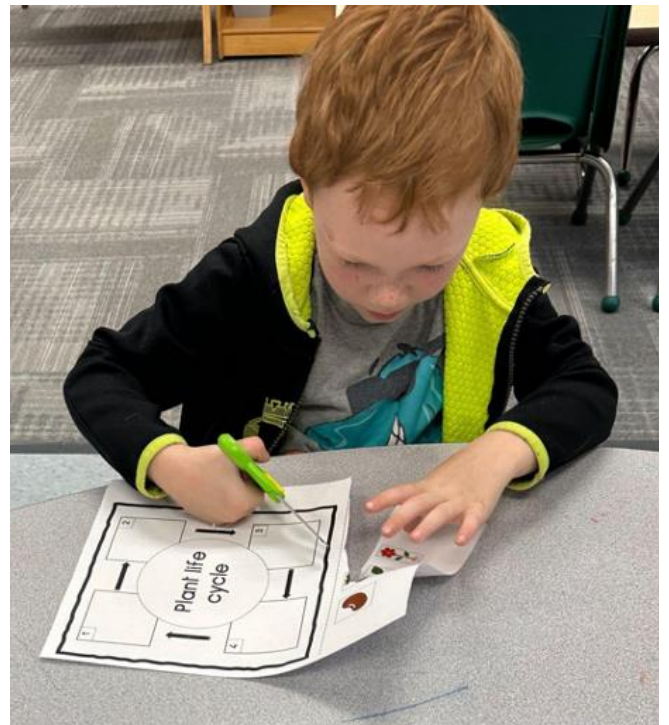


I love graffes!

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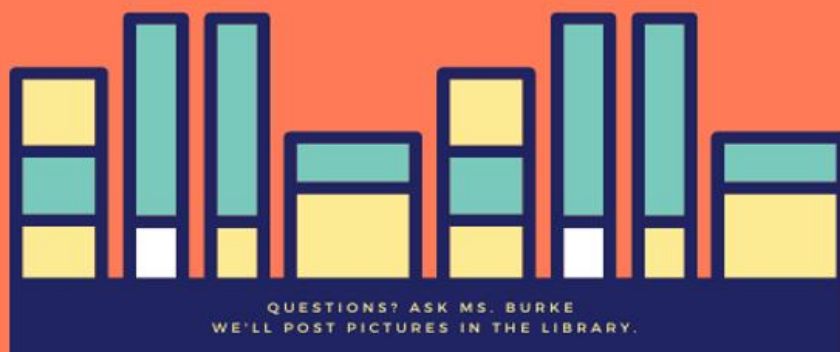
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CHOOSE A SERIES AND  
GET READING!

# SERIES CHALLENGE

READ 5 BOOKS  
IN A SERIES



## We Completed the Series Challenge!

Abel

Abrahm

Annabelle

Emma G.

Gavin

Grady

Jace

Landen

Lucian

Philip

Skylah

Are you  
UP TO THE CHALLENGE?

Check in with Ms. Burke in the library and choose a series to read!





# May-Breakfast 2023

Alt	Monday	Tuesday	Wednesday	Thursday	Friday	
Assorted cereal, fruit & milk	1 Assorted cereal, fruit & milk	2 French toast stick, syrup, fruit & milk	3 Bagel w/cream cheese, fruit & milk	4 Assorted cereal, fruit & milk	5 WG muffin, yogurt, fruit & milk	
	8 Assorted cereal, fruit & milk	9 Waffles, syrup, fruit & milk	10 English muffin w/butter, fruit & milk	11 Assorted cereal, fruit & milk	12 WG muffin, yogurt, fruit & milk	
	15 Assorted cereal, fruit & milk	16 Pancakes, syrup, fruit & milk	17 Bacon, egg & cheese on a WG English muffin, fruit & milk	18 Assorted cereal, fruit & milk	19 WG muffin, yogurt, fruit & milk	
	22 Assorted cereal, fruit & milk	23 French toast stick, syrup, fruit & milk	24 Bagel w/cream cheese, fruit & milk	25 Assorted cereal, fruit & milk	26 Curriculum Day	
	29 Memorial Day No School	30 Waffles, syrup, fruit & milk	31 English muffin w/butter, fruit & milk	June 1 Assorted cereal, fruit & milk	June 2 WG muffin, yogurt, fruit & milk	

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk & low fat chocolate (children 5 & under can only be offered white milk skim or 1%). All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk. **If your child requires milk for a home meal the charge is .50 cents.**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*WG = whole grain  
 \*WW = whole wheat  
 \*HM = homemade

# May-Lunch 2023

Alt	Monday	Tuesday	Wednesday	Thursday	Friday
Toasted cheese sandwich w/cottage cheese, fruit & veg of the day & milk	1 Marinated chicken w/steamed brown rice, broccoli, diced pears & milk	2 Soft beef taco w/sour cream, salsa, shred lettuce, seasoned black beans, pineapple & milk	3 Garlic breadsticks w/marinara, cottage cheese, sliced carrots, fresh fruit & milk	4 Ham & cheese bagel melt w/oven fries, sliced peaches & milk	5 Sliced cheese pizza, wax beans, applesauce & milk
Turkey & cheese sandwich, fruit & veg of the day & milk	8 Chicken & gravy over steamed rice, broccoli, mandarin oranges & milk	9 Cheese quesadilla w/sour cream & salsa, corn & black bean salad, pears & milk	10 Chicken patty on a wg roll, sliced carrots, pineapple & milk	11 Hamb/cheeseburger w/oven fries, fresh fruit & milk	12 Make your own flat bread pizza, green beans, diced peaches & milk
Ham & cheese sandwich, fruit & veg of the day & milk	15 Chicken nuggets, steamed brown rice, broccoli, cinnamon applesauce & milk	16 Chicken fajita w/sour cream, ched cheese & salsa, 3 bean salad, diced peaches & milk	17 Toasted cheese sandwich, cottage cheese chicken noodle soup, pears, & milk	18 Hamburger gravy over mashed potato, sliced bread, mandarin oranges & milk	19 Sliced cheese pizza, wax beans, fresh fruit & milk
Chicken salad sandwich, fruit & veg of the day & milk	22 Turkey, bacon & cheese wrap, broccoli, cinnamon apple slices & milk	23 Soft beef taco w/sour cream, salsa, shred lettuce, seasoned black beans, sliced peaches & milk	24 Pasta w/meat sauce, sliced carrots, fresh fruit & milk	25 Make your own flat bread pizza, green beans, mandarin oranges & milk	26 Curriculum Day
Toasted cheese sandwich, fruit & veg of the day & milk	29 Memorial Day No School	30 Beef & cheese nachos, corn & black bean salad, mandarin oranges & milk	31 Salisbury steak w/steamed brown rice, carrot coins, fresh fruit & milk	June 1 Grilled chicken, cheese w/bacon & lettuce on a wg roll w/oven fries, pineapple & milk	June 2 Sliced cheese pizza, wax beans, sliced cinnamon apple & milk

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# BINGO

## for BOOKS

First card  
free!

Friday, May 5

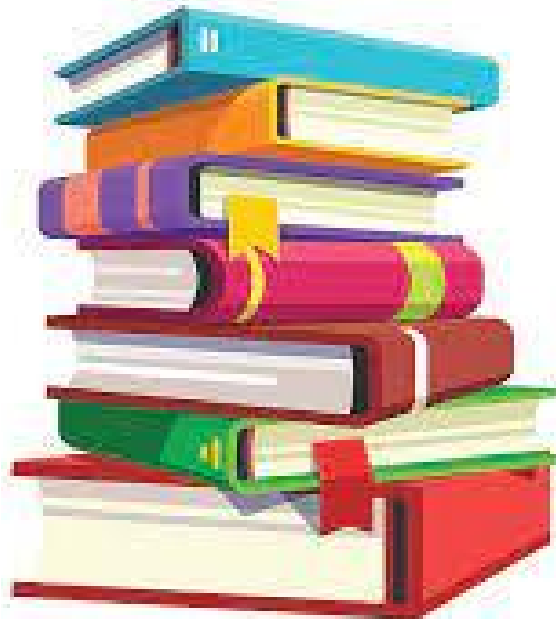
5:30 – 7:00 pm

Cafeteria

Extra cards  
2 for \$1



Snacks and pizza for sale!



Brought to you by P.I.E.E. Proceeds benefit the students of Erving Elementary School

# CPR+First Aid

Presented by the  
Erving Board of Health

Location: Erving Senior Center  
1 Care Drive Erving, MA

CPR: May 6, 9:00-11:00

First Aid: May 13, 9:00-12:00

Cost: \$10

Register:

[www.instituteforwildmed.com/erving](http://www.instituteforwildmed.com/erving)  
413-423-3649

INSTITUTE FOR  
**Wild  
MED**™

Most people don't know how to relieve choking, control a major bleed, or use critical life-saving tools such as an Epipen, AED, or Tourniquet.

Join your neighbors to learn these and many other life-saving skills!

After this course, you will have the skills to prevent emergencies and effectively respond to those that can't be prevented.

Questions: [support@instituteforwildmed.com](mailto:support@instituteforwildmed.com)



*Because You Never Know When You'll Need It...*

# BIKE RODEO

**SATURDAY, MAY 20, 2023**

**9AM - NOON**

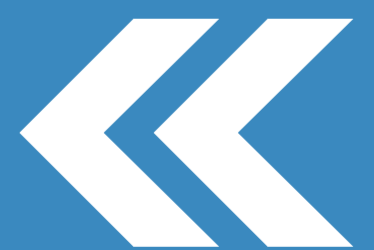
**AT ERVING ELEMENTARY SCHOOL**



**BIKE DEMOS**

**RIDER SAFETY**

**FREE KID HELMETS**



PRESENTED BY ERVING POLICE DEPARTMENT  
& THE ERVING RECREATION COMMISSION  
FOR MORE INFO, VISIT [WWW.ERVING-MA.GOV](http://WWW.ERVING-MA.GOV)



## Special Education Parent Advisory Council (SEPAC)

Please join us for the  
**SEPAC Annual Parent Rights Workshop**  
for help navigating common Special Education questions and concerns



Meeting Date: Thursday, MAY 11, 2023

Time: 7:00 pm

Location: online / Google Meet

Meeting ID: <https://meet.google.com/krf-dcqy-owf>  
Phone Number (US) +1 478-974-7944 PIN: 273 718 647#

To get involved in Union 28 SEPAC or for more information, please contact:  
Corrina Wcislo, Director of Student Support Services  
#978-910-1478 or [wcislo@erving.com](mailto:wcislo@erving.com)

THIS PROGRAM IS ORGANIZED BY FAMILIES PARTICIPATING IN A FAMILY LEADERSHIP PROJECT  
WITH THE SUPPORT OF THE COMMUNITY NETWORK FOR CHILDREN PROGRAM

# CNC Family CAFE

FOR FAMILIES WITH  
YOUNG CHILDREN

Free Child care &  
Pizza Dinner if  
you register prior  
to the event!



Scan the QR  
Code to Register  
for this FREE  
Event



**MAY 8TH**

**6:00PM DINNER**

**6:30-7:30PM DISCUSSION & CHILD CARE**

AT THE SHUTESBURY ELEMENTARY SCHOOL  
23 W PELHAM RD. SHUTESBURY

PLEASE JOIN US FOR PIZZA, GOOD COMPANY AND A  
**WELL DESERVED BREAK!**

CARE GIVERS ARE ENCOURAGED TO RELAX, MEET OTHER PARENTS AND  
SHARE IDEAS.

*OUR MISSION IS TO PROMOTE POSITIVE PARENT AND COMMUNITY RELATIONSHIPS, AND PROVIDE FAMILIES WITH A  
SUPPORTIVE AND EMPOWERING ENVIRONMENT IN WHICH TO RAISE THEIR CHILDREN. WE ARE IN THIS TOGETHER!*



CONTACT CNC WITH QUESTIONS @ [BUDINE@ERVING.COM](mailto:BUDINE@ERVING.COM) OR CALL/TEXT 413-422-0170



THIS PROJECT IS FUNDED IN PART WITH FUNDING FROM FAMILIES FIRST LEADERSHIP PROJECT IN ADDITION TO THE UNION #28 COMMUNITY NETWORK FOR CHILDREN PROGRAM IS FUNDED BY THE COORDINATED FAMILY AND COMMUNITY ENGAGEMENT (CFCE) GRANT AWARDED TO THE UNION #28 SCHOOLS BY THE MASSACHUSETTS DEPARTMENT OF EARLY EDUCATION AND CARE, AND DONATIONS FROM THE COMMUNITY.





*For all families of  
Erving Union #28 Public School Students*

Please join Corrina Wcislo, Director of Student Support Services,  
and Jennifer Culkeen, Superintendent of Schools,  
*for friendly conversations about Student Support Services*

Day/date: Wednesday, May 17, 2023  
Time: 5:00pm - 6:00pm

Location:

Shutesbury Elementary School  
23 W. Pelham Rd, Shutesbury, MA 01072

~ or online via Google Meet ~

Meeting ID: [meet.google.com/hig-znba-kxp](https://meet.google.com/hig-znba-kxp)

Join by phone: 1-347-440-1073 PIN: 230 727 985#

*Coffee*  
*Conversations* &

